

Why Are People Unhappy?

*For all have sinned and fallen short of the glory of God.
Romans 3:23*

Why are people unable to find happiness? People are afflicted with many problems; family problems, health problems, economic problems, mental problems, and career problems. Some turned to dancing, drinking, or gambling in a desperate pursuit of happiness, only to fall deeper into despair. Why?

1. People are separated from God.

- 1) Because of their disobedience they do not know God (John 10:10, Rom 3:23).
- 2) The result is that they are under sin (Rom. 3:10).
- 3) Therefore people inevitably suffer.
 - a) They have mental affliction (Mt. 11:28).
 - b) They live unwholesome, meaningless, imbalanced living (Mt. 12:25).
 - c) They suffer from physical illness (Acts 8:7-8, Mt. 8:16-17).
 - d) The true cause of all these are rooted in their spiritual conditions.
- 4) In order to find answers to these problems, they seek evil spirits and other religions (eg: horoscope, psychics, fortune tellers, astrology, numerology, etc.), but fall deep into more misery.

2. The Bible tells us when this unhappiness began.

- 1) It began with the very first people, Adam and Eve.
- 2) The true cause: disobedience, original sin (Gen. 3:1-15)
- 3) The result: a broken relationship with God (Gen. 3:16-19)

3. How long does this unhappiness last?

- 1) It continues even now (Eph. 2:1-2).
- 2) It is continually increasing (Mt. 11:28-29).

4. Why are people still unable to solve their unhappiness?

- 1) There is a being who brings us unhappiness.
- 2) What is his name? Let us study his name.
 - a) Satan
 - b) Devil
 - c) Evil spirit (false spirit)
 - d) Demons
- 3) When did he appear?
 - a) An angel became corrupt and fell from heaven (Eze. 28:14-19).
 - b) He was thrown out from heaven hurled into the air (Eph. 2:2).
 - c) He roams about the earth to ruin and destroy people.
 - d) Eventually, he will be sent to hell (Mt. 25:41).

5. What is the state of those who do not know God?

- 1) Child of Satan (John 8:44)
- 2) Suppressed by sin, death, and Satan (Eph. 2:1-2)
- 3) No happiness (Mt. 12:25-28)
- 4) No joy and peace, mental sufferings (Eph. 2:3)
- 5) Physical sufferings (Acts 8:7, 10:38)
- 6) Mental sufferings (Acts 16:16-18)
- 7) will be sent to hell (Lk. 16:19-31)

6. The peace they find from this world is only a temporary peace.

- 1) It is worldly.
- 2) It is carnal.
- 3) It is only for temporary pleasure.
- 4) It causes greater unhappiness.

- * Are you truly satisfied and happy?
- * How are you going to solve your problems?