Why Does Prayer Heal Diseases?

Jesus healed came into Peter's house, he saw Peter's mother'-in-law lying in bed
with a fever. He touched her hand and the fever left her, and she got up and began
to wait on him. When evening came, many who were demon-possessed were
brought to him, and he drove our the spirits with a word and healed all the sick.
This was to fulfill what was spoken though the prophet Isaiah: "He took up our
infirmities and carried our diseases."
Mt 8:14-17

Jesus healed the sick and proclaimed the gospel. The apostles and the saints of the early church also ministered in the same way, healing and proclaiming. Jesus gave us a clear promise in Mark 16:15-20.

1. In the Bible, there are promises of healing.
   1) Mark 6:56 says, "all who touched him were healed."
   2) Mt 8:17 says, "He took up our infirmities and carried our diseases."
   3) In Isa 53:5, God promises, "By his wounds we are healed."

2. First, we must diagnose the cause of the disease.
   1) Some diseases are caused by fatigue (overworked), mistakes, infections or aging.
   2) The Bible reveals three important causes of disease that cannot be healed by human means, but only by spiritual healing.
      (1) Diseases caused by sin
         a. Sins of ancestors: Idol worship is punished to the third and fourth generation (Ex 20:4, 2 Sa 12:15). These unknown diseases cannot be cured by medical treatment.
         b. Original sin: Because the unsaved are under the curse (from the original sin), healing is impossible (Ge 3:16-19). Temporary healing may be possible, but complete healing is impossible.
         c. Actual sin: (s Kgs 5:27, 2 Chr 21:12-19, 1 Chr 5:5)
      (2) Diseases caused by Satan (evil spirits)
         a. mind (Mk 5:3-15)
         b. heart (Eph 4:23-27)
         c. situation (Mt 12:25-28)
         d. nervous system (Mk 9:17, Lk 13:16)
      (3) Diseases within God's will (2 Cor 12:7, Dan 8:27)

3. The wrong treatment makes the (above) diseases worse.
   1) Treatment based only on medical care and medicine
   2) Treatment that only looks at the physical results
   3) Treatment based on idols, gods, false religions

4. We need to know the right order of healing.
   1) Spiritual healing comes first (1 Jn 1:2).
      (1) Acceptance (Jn 1:12)
      (2) Fullness of the Holy Spirit (Eph 5:18)
   2) We must cut off sin (Jas 5:13-16).
   3) We must purify our environment/situation (Mt 12:25-29).
   4) Medical treatment should be used only after these steps (Jas 5:13-14).

5. What we do after the healing is also important.
   1) We must continue performing acts of faith.
   2) We must recover a thankful attitude.
   3) We must testify about God's goodness.